



Our PSHE lessons this half term in Year 2

This half term, our classes will all be learning about the topic 'Valuing Differences in PSHE'. The majority of the content in these lessons is now statutory, in line with the Relationships and Health curriculum that became compulsory for schools in September 2020. When this was introduced we underwent a period of consultation where the proposed changes were set out and parents were invited to give feedback, and this helped us to shape our curriculum.

We feel it would be useful for our parents and carers to have clear idea of what sort of content is being introduced in our lessons as they are REALLY important topics and often provoke discussion and questions which may also be brought home. Please rest assured that all lesson content is handled with sensitivity, respect and in an age appropriate manner, with a much of the focus being around keeping ourselves safe and both physically and mentally healthy.

If you would like any further information about the relationships and health learning that is taking place then please do not hesitate to get in touch with your class team in the usual way. We are here to help! 😊

Mrs Helen Jones

PSHE lead teacher

Lesson	Lesson Focus	Lesson Content
1	What makes us who we are	Identifying physical and non-physical differences between people. Respect for differences
2	My special people	Discussing and explaining people that are special to us and why
3	How do we make others feel?	Recognising and explaining how somebody else's behaviour can impact others
4	When someone is feeling left out	Explain how it feels to be part of a group; Explain how it feels to be left out from a group; Identify groups they are part of; Suggest and use strategies for helping someone who is feeling left out.
5	An act of kindness	Recognise and describe acts of kindness and unkindness; Explain how these impact on other people's feelings; Suggest kind words and actions they can show to others; Show acts of kindness to others in school.
6	Solve the problem	Demonstrate active listening techniques (making eye contact, nodding head, making positive noises, not being distracted); Suggest strategies for dealing with a range of common situations requiring negotiation skills to help foster and maintain positive relationships.
7	Post unit assessment	