



Our PSHE lessons this half term in Year Y3

This half term, our classes will all be learning about the topic Valuing Difference. The majority of the content in these lessons is now statutory, in line with the Relationships and Health curriculum that became compulsory for schools in September 2020. When this was introduced we underwent a period of consultation where the proposed changes were set out and parents were invited to give feedback, and this helped us to shape our curriculum.

We feel it would be useful for our parents and carers to have a clear idea of what sort of content is being introduced in our lessons as they are REALLY important topics and often provoke discussion and questions which may also be brought home. Please rest assured that all lesson content is handled with sensitivity, respect and in an age appropriate manner, with much of the focus being around keeping ourselves safe and both physically and mentally healthy.

If you would like any further information about the relationships and health learning that is taking place then please do not hesitate to get in touch with your class team in the usual way. We are here to help! ☺

Mrs Helen Jones (PSHE lead teacher)

Lesson	Lesson Focus	Lesson Content
1	Respect and Challenge	<ul style="list-style-type: none">● Reflect on listening skills;● Give examples of respectful language;● Give examples of how to challenge another's viewpoint, respectfully.
2	Family and friends	<ul style="list-style-type: none">● Recognise that there are many different types of family;● Understand what is meant by 'adoption' 'fostering' and other different family types.
3	My community	<ul style="list-style-type: none">● Define the term 'community';● Identify the different communities that they belong to;● Recognise the benefits that come with belonging to a community, in particular the benefit to mental health and wellbeing
4	Our friends and neighbours	<ul style="list-style-type: none">● Explain that people living in the UK have different origins;● Identify similarities and differences between a diverse range of people from varying national, regional, ethnic and religious backgrounds;● Identify some of the qualities that people from a diverse range of backgrounds need in order to get on together.
5	Let's celebrate our differences!	<ul style="list-style-type: none">● Recognise the factors that make people similar to and different from each other;● Recognise that repeated name calling is a form of bullying;● Suggest strategies for dealing with name calling (including talking to a trusted adult)
6	Zeb	<ul style="list-style-type: none">● Understand and explain some of the reasons why different people are bullied;● Explore why people have prejudiced views and understand what this is