



Our PSHE lessons this half term in Year FS1

This half term, our classes will all be learning about the topic Valuing Difference. The majority of the content in these lessons is now statutory, in line with the Relationships and Health curriculum that became compulsory for schools in September 2020. When this was introduced we underwent a period of consultation where the proposed changes were set out and parents were invited to give feedback, and this helped us to shape our curriculum.

We feel it would be useful for our parents and carers to have a clear idea of what sort of content is being introduced in our lessons as they are REALLY important topics and often provoke discussion and questions which may also be brought home. Please rest assured that all lesson content is handled with sensitivity, respect and in an age appropriate manner, with much of the focus being around keeping ourselves safe and both physically and mentally healthy.

If you would like any further information about the relationships and health learning that is taking place then please do not hesitate to get in touch with your class team in the usual way. We are here to help! ☺

Mrs Helen Jones

PSHE lead teacher

Lesson	Lesson Focus	Lesson Content
1	Me and my friends	<ul style="list-style-type: none">• Talk about the similarities and differences amongst their peers• Talk about the things they and their friends are good at• Spot similarities and differences in nature
2	Friends and family	<ul style="list-style-type: none">• Understand that having differences between us is a good thing• Notice and talk about differences in nature• Recognise the differences within and amongst families
3	Including everyone	<ul style="list-style-type: none">• Explore and use different materials• Show kindness by including their friends• Talk about how to help those who are in need