



## Our PSHE lessons this half term in Year FS2

This half term, our classes will all be learning about the topic *Me and My Relationships*. The majority of the content in these lessons is now statutory, in line with the Relationships and Health curriculum that became compulsory for schools in September 2020. When this was introduced we underwent a period of consultation where the proposed changes were set out and parents were invited to give feedback, and this helped us to shape our curriculum.

We feel it would be useful for our parents and carers to have a clear idea of what sort of content is being introduced in our lessons as they are REALLY important topics and often provoke discussion and questions which may also be brought home. Please rest assured that all lesson content is handled with sensitivity, respect and in an age appropriate manner, with much of the focus being around keeping ourselves safe and both physically and mentally healthy.

If you would like any further information about the relationships and health learning that is taking place then please do not hesitate to get in touch with your class team in the usual way. We are here to help! ☺

Mrs Helen Jones

PSHE lead teacher

Lesson	Lesson Focus	Lesson Content
1	I'm special, you're special	<ul style="list-style-type: none"><li>• Describe their own positive attributes.</li><li>• Share their likes and dislikes.</li><li>• Listen to and respect the ideas of others.</li></ul>
2	Same and different	<ul style="list-style-type: none"><li>• Recognise the similarities and differences amongst their peers.</li><li>• Discuss why differences should be celebrated.</li><li>• Retell a story.</li></ul>
3	Same and different families	<ul style="list-style-type: none"><li>• Talk about their family, customs and traditions.</li><li>• Listen to others talk about their experiences.</li><li>• Compare their own experiences with those of others.</li></ul>
4	Same and different homes	<ul style="list-style-type: none"><li>• Recognise the similarities and differences between their home and those of others.</li><li>• Talk about what makes their home feel special and safe.</li><li>• Be sensitive towards others.</li></ul>
5	I am caring	<ul style="list-style-type: none"><li>• Suggest ways in which we can be kind towards others.</li><li>• Demonstrate skills in cooperation with others.</li></ul>

6	I am a friend	<ul style="list-style-type: none"><li>• Show friendly behaviour towards a peer.</li><li>• Build relationships with others.</li></ul>
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